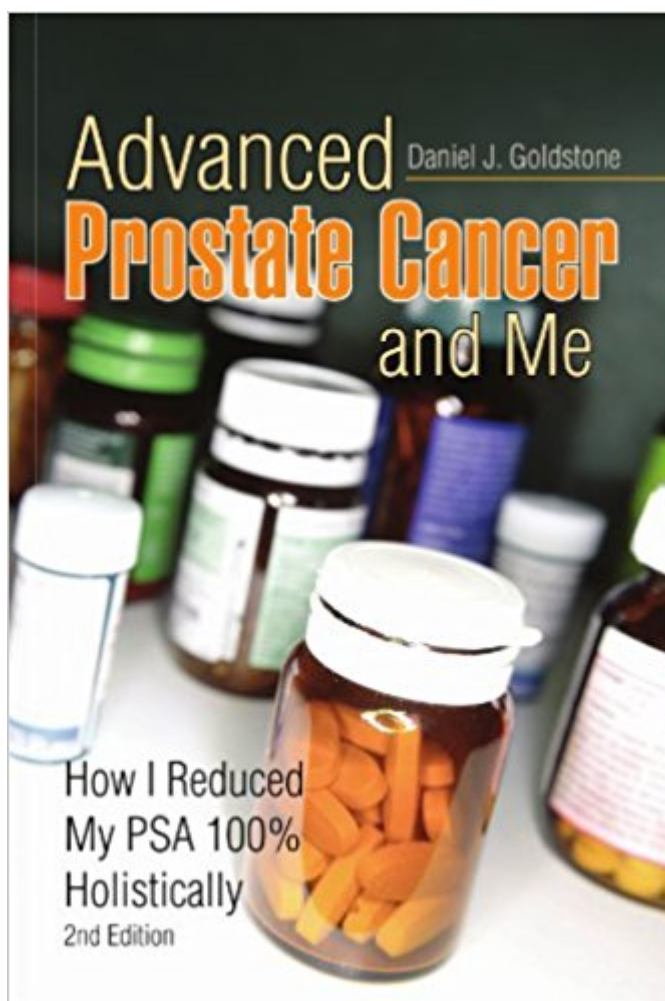


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# Advanced Prostate Cancer And Me: How I Reduced My PSA 100% Holistically



## Synopsis

At age 53, I was diagnosed with advanced prostate cancer. It was in June 2005 that my PSA was 23.5 with a Gleason of 7. All 12 cores of the biopsy had cancer, 2 up to 75%. I knew action had to be taken, but what would I choose? Based on the current trend in medicine, I decided to go the holistic route. My research concluded that I had over 95% probability of recurrence. Therefore, in my use of holistic treatment, in conjunction with traditional treatment I got tremendous results. But sadly 9 months after treatment all signs indicated my cancer was back. I was able to discover a holistic treatment that reduced my PSA 100%.

## Book Information

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## Customer Reviews

Daniel J. Goldstone is a Financial Planner in Michigan. He has a B.A. in Economics from Oakland University. He was raised by his parents to question things and to be an independent thinker. He has two children of which one is a Medical Doctor. His father had prostate cancer, but died from misdiagnoses. As a child he was hospitalized for 11 months for a bleeding kidney. During which, he went thru three different doctors and two hospitals, it was then that he learned that the medical community does not have all the answers and are just practicing. This was instrumental in his taking control of his own treatment.

I expected much more. Granted, this is a personal account, but it is a very brief one, and poorly researched. Prostate Cancer is a very complicated diagnosis, and anyone who is embarking on that

journey towards recovery will no doubt plough far deeper into the research than this book attempts. Even basic Internet searches will unearth more valuable data on which to base your treatment decisions than what this book provides.

All of the test results are two fine printed even magnifying on a kindle. This information would be nice to review since I purchased the book.

Daniel J. Goldstone is a financial planner who was diagnosed with Stage 3 prostate cancer in 2005. He initially sought advice from several cancer specialists and was dismayed by the treatment options available to him. Not only were the traditional treatments radical, the side effects would wreak havoc on his ability to live the life he wanted to live. After doing additional research on holistic treatments, he chose to undergo hormone treatment, external radiation, and supplement with holistic methods to battle the disease. As he details in the book, Goldstone's cancer went in to full remission and remains at bay to date. Goldstone writes about the specific treatments he chose and why and ultimately wrote this book after recruiting others to try his methods. He has received positive feedback from many individuals who used his protocols and was driven to write this book to further spread the word. Goldstone's premise is simple: the human body will heal itself if it is given the tools to do so. Cancer is a sign that the body's immune system is in disrepair and he advocates boosting it by making changes in your lifestyle and diet. He has done research on how cancer is treated around the world as well as looking at certain cultures where cancer occurs much less often than in the United States. The book is a short, simple formula for treating breast, colon, lung and prostate cancer, although individuals who have not been diagnosed with cancer can benefit from Goldstone's research by utilizing some of his methods to guard against cancer as well. His principles are sound and he includes scientific papers on cancer treatment and prevention at the end of the book for additional reading. It is by no means exhaustive or peer-reviewed, but none of the treatments Goldstone advocates are likely to induce negative side-effects, so there is no harm in trying them. There are other books out there that echo much of what Goldstone is saying ("Cancer: Step Outside the Box" by Ty Bollinger, "Defeat Cancer: 15 Doctors of Integrative & Naturopathic Medicine Tell You How," etc.), but none are as concise and prescriptive as his - listing a precise recipe of remedies to engage in a battle against cancers of the breast, colon, lung and prostate. For someone newly diagnosed with cancer, it takes a lot of courage to look beyond the traditional treatments we have heard about for decades. Goldstone was willing to avoid reacting in fear and begin asking questions about his quality of life instead of frantically trying to prolong it. What he

gained was insight in to how he truly wanted to live and a purpose - to share his newfound wisdom with others. The book is a quick read and easy to understand for a layperson (as Goldstone himself is one). He does pepper his writing with the occasional entreaty to "find God" and anger directed at the greed of pharmaceutical companies, but overall the tone is a positive one that feels universally accessible.

This would serve as an excellent resource for those looking for alternative treatments to help fight prostate cancer. The book is very short - only about 40 pages of it are actual content, and the rest of the book contains copies of articles. Through this book, Mr. Goldstone shares his struggle and journey from beginning to end; including how he learned he had cancer, and all of the drugs and therapies that he tried along the way. I would have given this book three and a half stars, if that had been an option. I would take off a half of a star for the grammatical errors throughout the book, another half for lack of content, and the last half for lack of research to support his ideas and strategies to fight cancer. But it does not seem that it was the author's intent to present a scholarly work on advanced prostate cancer, but rather to share his journey with the hope of helping others. If you, or someone close to you has prostate cancer, then I highly recommend this book.

This book is very helpful, especially when the author lists all the valuable supplements that can be taken. My husband has an enlarged prostate which is very common in men his age. Following the authors journey may help prevent prostate cancer too. Thank you for sharing your amazing healing, you're a miracle. Debra

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